



## Discover Chiropractic- A Wellness Way Affiliate

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www.thewellnessway.com

### PLEASE NOTE

This file must be saved to your desktop before and after completing!

### PATIENT INFORMATION

Date \_\_\_\_\_ First Name \_\_\_\_\_ Middle Name \_\_\_\_\_ Surname \_\_\_\_\_

Sex \_\_\_\_\_ Birth Date \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Marital Status \_\_\_\_\_ Spouse Name \_\_\_\_\_ Number of Children \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Postcode \_\_\_\_\_

Landline \_\_\_\_\_ Mobile Phone \_\_\_\_\_

Email \_\_\_\_\_ Emergency Contact \_\_\_\_\_

Emergency Relation \_\_\_\_\_ Emergency Phone \_\_\_\_\_

### REFERRAL INFORMATION

I was referred by \_\_\_\_\_

How did you hear about the clinic?

Advertisement Newspaper Community Event Provider Talk Family/Friend Other \_\_\_\_\_

## EMPLOYER INFORMATION

Employed? ☐ Yes ☐ No Employer Name \_\_\_\_\_

Occupation \_\_\_\_\_

## REASON FOR VISIT

Describe in your own words why you wanted to come for an appointment today:

## PERSONAL HEALTH INFORMATION

### Complaints/Concerns

Please list your chief symptoms in order of decreasing severity, starting with the worst one. Please note how long each symptom has been present.

Problem	Onset	Frequency	Severity
<i>E.g. Headaches</i>	<i>June 2007</i>	<i>4 times per week</i>	<i>Mild / Moderate / Severe</i>
1.			
2.			
3.			
4.			
5.			
6.			
7.			

When was the last time you felt well? \_\_\_\_\_

Did something trigger your health changes?

### **Sleep**

Average number of hours you sleep? \_\_\_\_\_ Do you have trouble falling asleep? ☐ Yes ☐ No

Do you feel rested upon awakening? ☐ Yes ☐ No Do you have problems with insomnia? ☐ Yes ☐ No

Do you snore? ☐ Yes ☐ No Do you use sleeping aids? ☐ Yes ☐ No Explain: \_\_\_\_\_

## **Injuries**

Describe your injury and pain:

Pain level on scale of 1 - 10 (10 is excruciating pain) At its best? \_\_\_\_\_ At its worst? \_\_\_\_\_ Now? \_\_\_\_\_

Type of injury \_\_\_\_\_

How did it occur? ☐ Work ☐ Automobile ☐ Fall ☐ Other \_\_\_\_\_

Injury Date \_\_\_\_\_ Have you missed work related to this injury? ☐ Yes ☐ No

Unable to work from (dates) \_\_\_\_\_ to \_\_\_\_\_

Received other treatment for this? ☐ Yes ☐ No Where or by whom? \_\_\_\_\_

X-rays taken? ☐ Yes ☐ No Do you currently receive chiropractic care? ☐ Yes ☐ No

What clinic or chiropractor provides that care? \_\_\_\_\_

Please check the character of your current pain (you may check more than one):

Sharp      Stabbing      Dull      Aching      Soreness      Stiffness      Weakness

Throbbing      Numbness      Shooting      Burning      Tingling

Please rate the degree of your pain between 0-10, 0 being no pain and 10 being unbearable: \_\_\_\_\_

How often are your symptoms present?

Constant      Frequent      Occasional      Intermittent

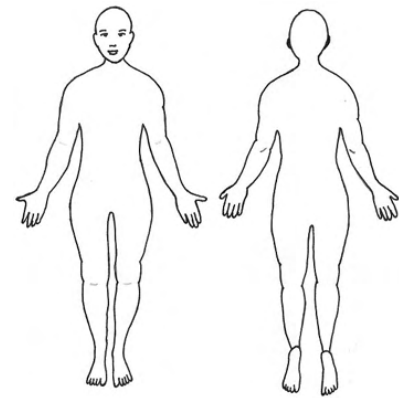
Since your problem began, is the pain?      Increasing      Decreasing      No Change

What activities make symptoms BETTER?      Sitting      Standing      Laying Down

Movement/Exercise      Sleep/Rest      Other(describe) \_\_\_\_\_

What activities make symptoms WORSE?      Sitting      Standing      Coughing/Sneezing

Movement/Exercise      Sleep/Rest      Other(describe) \_\_\_\_\_



## **Tobacco/Alcohol**

Currently using tobacco? ☐ Yes ☐ No How many years? \_\_\_\_\_ Packs per day \_\_\_\_\_

If yes, what type? ☐ Cigarette ☐ Smokeless ☐ Cigar ☐ Pipe ☐ Patch/Gum

Previous smoking? How many years? \_\_\_\_\_ Packs per day \_\_\_\_\_ Are you exposed to 2nd hand smoke? ☐ Yes ☐ No

If yes, explain: \_\_\_\_\_

How many drinks currently per week? (1 drink=5 oz. wine, 12 oz. beer, and/or 1.5 oz. spirits)

☐ None ☐ 1 to 3 ☐ 4 to 6 ☐ 7 to 10 ☐ More than 10

Previous alcohol intake? ☐ Yes ☐ No If yes, was it: ☐ Mild ☐ Moderate ☐ High

## **Allergies**

I am allergic to the following medications:

I am allergic to the following foods or supplements:

Please list your symptoms/reactions to the above medications and/or foods:

## **Medications and Supplements**

Medications: Please list any medications that you are currently taking or have taken in the last month, including antibiotics, non-prescription drugs, and prescription drugs.

Medication Name	Dosage

Supplements: List all vitamins, minerals, and other nutritional supplements that you are currently taking.

Supplement Name	Dosage

## Health History

Have you ever had any of the following:

Illnesses	Yes	No
Chicken Pox		
Measles		
Mumps		
Anemia		
Arthritis		
Asthma		
Bronchitis		
Cancer		
Chronic Fatigue Syndrome		
Crohn's Disease or Ulcerative Colitis		
Diabetes		
Emphysema		
Epilepsy, convulsions		
Gallstones		
Gout		
Heart attack/Angina		
Heart failure		
Hepatitis		
High Blood Pressure		
Irritable bowel		
Kidney stones		
Mononucleosis		
Pneumonia		
Rheumatic fever		
Sinusitis		
Sleep Apnea		
Stroke		
Thyroid disease		
Other (describe)		
Injuries	Yes	No
Head Injury		
Neck Injury		
Back Injury		
Fracture		
Other (describe)		

Diagnostic Studies	Yes	No	Date Performed
Chest X-ray			
Mammogram			
EKG			
Colonoscopy			
Upper GI Series			
Barium Enema			
CAT scan of abdomen			
CAT scan of brain			
CAT scan of spine			
Liver scan			
Bone scan			
Neck X-rays			
Back X-rays			
MRI			
Bone Density Test			
Blood Tests			
Other (describe)			
Operations	Yes	No	
Tonsillectomy			
Tubes in Ears			
Appendectomy			
Gall Bladder			
Hernia			
Hysterectomy			
Dental Surgery			
Other (describe)			
Hospitalizations			
When	For What Reason		

### **Women Specific**

Check the box if yes and provide number.

- ☐ Pregnancies \_\_\_\_\_ ☐ Miscarriage \_\_\_\_\_ ☐ Living Children \_\_\_\_\_ ☐ Abortion \_\_\_\_\_ ☐ Cesarean \_\_\_\_\_  
☐ Vaginal Delivery \_\_\_\_\_ ☐ Postpartum Depression \_\_\_\_\_ ☐ Toxemia \_\_\_\_\_ ☐ Baby Over 8 Pounds \_\_\_\_\_  
☐ Gestational Diabetes \_\_\_\_\_

#### **Menstrual History**

Age At 1st Period \_\_\_\_\_ Menses Frequency \_\_\_\_\_ Length \_\_\_\_\_

Painful? ☐ Yes ☐ No Clotting? ☐ Yes ☐ No Have you ever missed your period? ☐ Yes ☐ No

For how long? \_\_\_\_\_ Are you menopausal? ☐ Yes ☐ No Age At Menopause \_\_\_\_\_

Last Menstrual Period \_\_\_\_\_

Do you take any hormone contraception? ☐ Birth Control Pill ☐ Patch ☐ Nuva Ring

I certify that I'm the patient or legal guardian listed above. I have read/understand the included information and certify it to be true and accurate to the best of my knowledge. I consent to the collection and use of the above information to Discover Chiropractic. I authorize Discover Chiropractic and its staff to examine and treat my condition as the practitioners see fit. I hereby authorize Discover Chiropractic to release all information necessary to any insurance company, attorney, or adjuster for the purpose of claim reimbursement of charges incurred by me. I grant the use of my signed statement of authorization with my signature for required insurance submissions. I understand and agree that all services rendered to me will be charged to me, and I'm responsible for timely payment of such services. I understand that there is a **72 business hour cancellation policy** for new patient and consultation appointments. Failure to comply with the cancellation policy may result in additional charges. By clicking the submit button below, I agree to the financial policy described above and will adhere to all of its practices.

Please email this completed form to **galwayie@thewellnessway.com**

By typing or signing your name below on the signature line, you are agreeing to all of the paragraph above.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Thank you!